

Home Team	Result	Away Team	Date	Time Status
Lowestoft	4 - 0	Aylsham Hurricanes	Mon 6 Feb 23	19:30 OV
Norwich Dons Buccaneers	4 - 0	North Norfolk	Tue 14 Mar 23	19:30 OV
Aylsham Spitfires	1 - 3	Lowestoft	Mon 20 Mar 23	19:30 OV
Norwich Dons Buccaneers	3 - 1	Kings Lynn	Tue 21 Mar 23	19:30 OV
Norwich Dons Buccaneers	½ - 3½	Lowestoft	Tue 2 May 23	19:30 OV