

| Home Team | Result | Away Team | Date | Time Status |
|------------------------|---------------|----------------------|---------------|--------------------|
| Ringwood B < | 3 - 3 | Highcliffe Carlens | Mon 27 Mar 23 | 19:30 OV |
| Yeovil | 3½ - 2½ | Dorchester | Wed 29 Mar 23 | 19:30 OV |
| Purbeck | 2 - 4 | Weymouth | Mon 3 Apr 23 | 19:30 OU |
| Bournemouth Buccaneers | 6 - 0 | Ringwood A | Wed 5 Apr 23 | 19:30 OU |
| Poole The Other One | 3½ - 2½ | Wimborne | Mon 10 Apr 23 | 19:30 OU |
| Southbourne Seagulls < | 3 - 3 | Bournemouth Bandits | Fri 14 Apr 23 | 19:30 OU |
| Highcliffe Fischers | 4½ - 1½ | Poole Position | Fri 21 Apr 23 | 19:30 OU |
| Poole Position | 2½ - 3½ | Southbourne Seagulls | Fri 26 May 23 | 19:30 OV |
| Bournemouth Buccaneers | 2 - 4 | Poole The Other One | Tue 6 Jun 23 | 19:30 OU |
| Purbeck | 2½ - 3½ | Yeovil | Thu 8 Jun 23 | 19:30 OV |