

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Bare Village | | University 'B' | Thu 25 Oct 18 | 19:15 | OU |
| Morecambe 'A' | | Dragons | Thu 1 Nov 18 | 19:30 | OU |
| Kendal | | University 'A' | Thu 1 Nov 18 | 19:30 | OU |
| Morecambe 'B' | | Morecambe 'A' | Wed 14 Nov 18 | 19:30 | OU |
| University 'B' | | University 'A' | Thu 15 Nov 18 | 19:30 | OU |
| Morecambe 'B' | | University 'B' | Wed 28 Nov 18 | 19:30 | OU |
| Kendal | | Morecambe 'A' | Thu 29 Nov 18 | 19:30 | OU |
| Dragons | | Bare Village | Fri 7 Dec 18 | 19:30 | OU |
| Bare Village | | University 'A' | Thu 10 Jan 19 | 19:15 | OU |
| Morecambe 'B' | | Dragons | Wed 16 Jan 19 | 19:30 | OU |
| University 'A' | | Morecambe 'A' | Wed 23 Jan 19 | 19:30 | OU |
| University 'A' | | Morecambe 'B' | Wed 6 Feb 19 | 19:30 | OU |
| Bare Village | | Kendal | Thu 7 Feb 19 | 19:15 | OU |
| University 'A' | | Dragons | Wed 13 Feb 19 | 19:30 | OU |
| Morecambe 'A' | | Bare Village | Thu 14 Feb 19 | 19:30 | OU |
| Bare Village | | Morecambe 'B' | Thu 28 Feb 19 | 19:15 | OU |
| University 'B' | | Morecambe 'A' | Thu 7 Mar 19 | 19:30 | OU |
| Dragons | | Kendal | Tue 12 Mar 19 | 19:30 | OU |
| Kendal | | Morecambe 'B' | Thu 21 Mar 19 | 19:30 | OU |
| University 'B' | | Kendal | Thu 28 Mar 19 | 19:30 | OU |
| Dragons | | University 'B' | Tue 30 Apr 19 | 19:30 | OU |