

| Home Team                 | Result  | Away Team                 | Date          | Time Status |
|---------------------------|---------|---------------------------|---------------|-------------|
| Eastbourne 2              | 2½ - 1½ | Eastbourne 3              | Fri 14 Oct 22 | 19:30 OV    |
| Horsham 3                 | 1½ - 2½ | East Grinstead            | Tue 25 Oct 22 | 19:30 OV    |
| Worthing 2                | 2½ - 1½ | Haywards Heath 1          | Mon 31 Oct 22 | 19:30 OU    |
| Brighton & Hove 2         | 1½ - 2½ | Eastbourne 2              | Mon 31 Oct 22 | 19:30 OV    |
| Sussex University         | 4 - 0   | Horsham 3                 | Thu 3 Nov 22  | 19:30 OV    |
| East Grinstead            | 3 - 1   | East Grinstead Bookshop 1 | Thu 3 Nov 22  | 19:30 OU    |
| Bexhill 2                 | ½ - 3½  | Worthing 2                | Fri 4 Nov 22  | 19:30 OV    |
| Worthing 2                | 2 - 2   | Sussex University         | Mon 14 Nov 22 | 19:30 OV    |
| Horsham 3                 | 3 - 1   | East Grinstead Bookshop 1 | Tue 15 Nov 22 | 19:30 OV    |
| Eastbourne 2              | 2 - 2   | East Grinstead            | Fri 18 Nov 22 | 19:30 OV    |
| Haywards Heath 1          | 3½ - ½  | Eastbourne 3              | Thu 24 Nov 22 | 19:30 OV    |
| Worthing 2                | 3½ - ½  | Horsham 3                 | Mon 28 Nov 22 | 19:30 OV    |
| East Grinstead Bookshop 1 | 1 - 3   | Eastbourne 2              | Thu 1 Dec 22  | 19:30 OU    |
| Eastbourne 3              | 1 - 3   | Sussex University         | Fri 2 Dec 22  | 19:30 OV    |
| Haywards Heath 1          | 1½ - 2½ | Brighton & Hove 2         | Thu 8 Dec 22  | 19:30 OU    |
| East Grinstead            | 1½ - 2½ | Bexhill 2                 | Thu 8 Dec 22  | 19:30 OV    |
| Haywards Heath 1          | 4 - 0   | East Grinstead            | Thu 12 Jan 23 | 19:30 OV    |
| Sussex University         | 1½ - 2½ | Brighton & Hove 2         | Thu 12 Jan 23 | 19:30 OV    |
| Bexhill 2                 | 2 - 2   | Brighton & Hove 2         | Fri 20 Jan 23 | 19:30 OV    |
| East Grinstead Bookshop 1 | 1½ - 2½ | Haywards Heath 1          | Thu 26 Jan 23 | 19:30 OU    |
| Brighton & Hove 2         | 1½ - 2½ | Worthing 2                | Mon 30 Jan 23 | 19:30 OV    |
| Horsham 3                 | 3 - 1   | Eastbourne 3              | Tue 31 Jan 23 | 19:30 OV    |
| Sussex University         | 3 - 1   | East Grinstead Bookshop 1 | Thu 2 Feb 23  | 19:30 OU    |
| Eastbourne 2              | 2½ - 1½ | Bexhill 2                 | Fri 3 Feb 23  | 19:30 OV    |
| Haywards Heath 1          | 2½ - 1½ | Sussex University         | Thu 9 Feb 23  | 19:30 OU    |
| Worthing 2                | 3½ - ½  | East Grinstead            | Mon 13 Feb 23 | 19:30 OV    |
| East Grinstead            | 1 - 3   | Sussex University         | Thu 16 Feb 23 | 19:30 OV    |
| Bexhill 2                 | 4 - 0   | Eastbourne 3              | Fri 17 Feb 23 | 19:30 OV    |
| Eastbourne 2              | 0 - 4   | Haywards Heath 1          | Fri 17 Feb 23 | 19:30 OV    |
| Horsham 3                 | 3 - 1   | Bexhill 2                 | Tue 21 Feb 23 | 19:30 OU    |
| East Grinstead Bookshop 1 | 1 - 3   | Worthing 2                | Thu 23 Feb 23 | 19:30 OU    |
| Sussex University         | 2 - 2   | Eastbourne 2              | Thu 23 Feb 23 | 19:30 OV    |
| East Grinstead            | 2 - 2   | Eastbourne 3              | Thu 2 Mar 23  | 19:30 OU    |
| Bexhill 2                 | 1 - 3   | Haywards Heath 1          | Fri 3 Mar 23  | 19:30 OU    |
| Brighton & Hove 2         | 2½ - 1½ | Horsham 3                 | Mon 6 Mar 23  | 19:30 OV    |
| Sussex University         | 3½ - ½  | Bexhill 2                 | Thu 16 Mar 23 | 19:30 OV    |
| Eastbourne 3              | 3 - 1   | Worthing 2                | Fri 17 Mar 23 | 19:30 OV    |
| Brighton & Hove 2         | 1½ - 2½ | East Grinstead            | Mon 20 Mar 23 | 19:30 OU    |
| Haywards Heath 1          | 2½ - 1½ | Horsham 3                 | Thu 23 Mar 23 | 19:30 OV    |
| Bexhill 2                 | 1 - 3   | East Grinstead Bookshop 1 | Fri 24 Mar 23 | 19:30 OU    |
| Worthing 2                | 1½ - 2½ | Eastbourne 2              | Mon 27 Mar 23 | 19:30 OV    |
| Eastbourne 3              | 2 - 2   | Brighton & Hove 2         | Fri 31 Mar 23 | 19:30 OU    |
| Horsham 3                 | 1½ - 2½ | Eastbourne 2              | Tue 18 Apr 23 | 19:30 OV    |

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|---------------------------|---------|---------------------------|---------------|-------------|
| East Grinstead Bookshop 1 | 2 - 2   | Brighton & Hove 2         | Thu 20 Apr 23 | 19:30 OU    |
| Eastbourne 3              | 2½ - 1½ | East Grinstead Bookshop 1 | Fri 21 Apr 23 | 19:30 OU    |