

<b>Home Team</b>	<b>Result</b>	<b>Away Team</b>	<b>Date</b>	<b>Time</b>	<b>Status</b>
Wanstead C	0 - 0	Bye	Fri 30 Jun 23	19:30	OU
Thurrock	0 - 0	Bye	Fri 30 Jun 23	19:30	OU
Wanstead B	0 - 0	Bye	Fri 30 Jun 23	19:30	OU
Loughton	6 - 4	Barking B	Wed 19 Jul 23	19:45	OU
Wanstead C	5 - 5	Loughton <	Tue 1 Aug 23	19:45	OV
Thurrock	1½ - 8½	Wanstead B	Wed 9 Aug 23	19:30	OV
Loughton	2½ - 7½	Wanstead B	Wed 6 Sep 23	19:45	OU