

| Round | Date | Time |
|--------------|-------------------|-------------|
| Round 1 | Wed 26th Apr 2023 | 19:30 |
| Round 2 | Wed 10th May 2023 | 19:30 |
| Round 3 | Wed 24th May 2023 | 19:30 |
| Round 4 | Wed 7th Jun 2023 | 19:30 |
| Round 5 | Wed 28th Jun 2023 | 19:30 |
| Round 6 | Wed 12th Jul 2023 | 19:30 |
| Round 7 | Wed 26th Jul 2023 | 19:30 |
| Round 8 | Wed 16th Aug 2023 | 19:30 |
| Round 9 | Wed 30th Aug 2023 | 19:30 |