

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Highcliffe A | 1½ - 2½ | Poole A | Mon 16 Oct 23 | 19:30 | OV |
| Bournemouth | 1 - 3 | Wimborne A | Tue 17 Oct 23 | 19:30 | OV |
| Yeovil | 2½ - 1½ | Highcliffe A | Wed 8 Nov 23 | 19:30 | OU |
| Weymouth A | 2½ - 1½ | Bournemouth | Thu 9 Nov 23 | 19:30 | OU |
| Dorchester A | 1½ - 2½ | Poole A | Thu 9 Nov 23 | 19:30 | OU |
| Yeovil | ½ - 3½ | Dorchester A | Thu 23 Nov 23 | 19:30 | OU |
| Poole A | 2½ - 1½ | Bournemouth | Mon 27 Nov 23 | 19:30 | OU |
| Wimborne A | 2 - 2 | Yeovil | Wed 29 Nov 23 | 19:30 | OU |
| Dorchester A | 2 - 2 | Weymouth A | Thu 30 Nov 23 | 19:30 | OU |
| Wimborne A | 2½ - 1½ | Poole A | Wed 31 Jan 24 | 19:30 | OV |
| Highcliffe A | 2 - 2 | Weymouth A | Mon 19 Feb 24 | 19:30 | OV |
| Bournemouth | 3 - 1 | Dorchester A | Tue 20 Feb 24 | 19:30 | OU |
| Poole A | 3½ - ½ | Yeovil | Thu 14 Mar 24 | 19:30 | OV |
| Weymouth A | 2½ - 1½ | Wimborne A | Thu 14 Mar 24 | 19:30 | OV |
| Dorchester A | 1½ - 2½ | Highcliffe A | Thu 14 Mar 24 | 19:30 | OU |
| Bournemouth | 2 - 2 | Highcliffe A | Tue 2 Apr 24 | 19:30 | OU |
| Wimborne A | 3½ - ½ | Dorchester A | Wed 3 Apr 24 | 19:30 | OU |
| Weymouth A | 3½ - ½ | Yeovil | Thu 4 Apr 24 | 19:30 | OV |
| Yeovil | 2½ - 1½ | Bournemouth | Thu 2 May 24 | 19:30 | OV |
| Poole A | 0 - 0 | Weymouth A | Postponed | 19:30 | OU |
| Highcliffe A | 3 - 1 | Wimborne A | Mon 13 May 24 | 19:30 | OV |