

Home Team	Result	Away Team	Date	Time	Status
Lowestoft A	2½ - 1½	Lowestoft B	Mon 16 Sep 24	19:30	LV
North Norfolk Seals	3½ - ½	Fakenham Oddfellows	Fri 20 Sep 24	19:30	LV
Fakenham Oddfellows	3 - 1	Lowestoft A	Tue 24 Sep 24	19:35	LV
Norfolk & Norwich C	3½ - ½	North Norfolk Seals	Tue 24 Sep 24	19:30	LV
Aylsham Spitfires	1 - 3	Wymondham Eagles	Mon 30 Sep 24	19:30	LV
Lowestoft B	3 - 1	Fakenham Oddfellows	Mon 7 Oct 24	19:30	LV
North Norfolk Seals	3 - 1	Lowestoft B	Fri 11 Oct 24	19:30	LV
Lowestoft A	3 - 1	Norfolk & Norwich C	Mon 14 Oct 24	19:30	LV
Norfolk & Norwich C	3 - 1	Lowestoft B	Tue 22 Oct 24	19:30	LV
Aylsham Spitfires	3½ - ½	Lowestoft A	Mon 28 Oct 24	19:30	LV
Lowestoft A	0 - 0	Wymondham Eagles	Mon 4 Nov 24	19:30	OU
Wymondham Eagles	0 - 4	Norfolk & Norwich C	Fri 8 Nov 24	19:30	LV
Lowestoft B	½ - 3½	Aylsham Spitfires	Mon 18 Nov 24	19:30	LV
North Norfolk Seals	3½ - ½	Lowestoft A	Fri 22 Nov 24	19:30	LV
Wymondham Eagles	4 - 0	Lowestoft B	Fri 29 Nov 24	19:30	LV
Lowestoft B	3½ - ½	North Norfolk Seals	Mon 2 Dec 24	19:30	LV
Norfolk & Norwich C	1 - 3	Aylsham Spitfires	Tue 3 Dec 24	19:30	LV
Aylsham Spitfires	0 - 0	Fakenham Oddfellows	Mon 6 Jan 25	19:30	OU
Lowestoft B	0 - 0	Lowestoft A	Mon 6 Jan 25	19:30	OU
Lowestoft A	0 - 0	North Norfolk Seals	Mon 13 Jan 25	19:30	OU
Fakenham Oddfellows	0 - 0	Wymondham Eagles	Tue 14 Jan 25	19:35	OU
Norfolk & Norwich C	0 - 0	Wymondham Eagles	Tue 28 Jan 25	19:30	OU
Fakenham Oddfellows	0 - 0	North Norfolk Seals	Tue 28 Jan 25	19:35	OU
Lowestoft A	0 - 0	Fakenham Oddfellows	Mon 3 Feb 25	19:30	OU
Wymondham Eagles	0 - 0	Aylsham Spitfires	Fri 7 Feb 25	19:30	OU
Aylsham Spitfires	0 - 0	North Norfolk Seals	Mon 17 Feb 25	19:30	OU
Norfolk & Norwich C	0 - 0	Lowestoft A	Tue 18 Feb 25	19:30	OU
Fakenham Oddfellows	0 - 0	Lowestoft B	Tue 18 Feb 25	19:35	OU
Lowestoft B	0 - 0	Norfolk & Norwich C	Mon 24 Feb 25	19:30	OU
North Norfolk Seals	0 - 0	Wymondham Eagles	Fri 28 Feb 25	19:30	OU
Lowestoft A	0 - 0	Aylsham Spitfires	Mon 3 Mar 25	19:30	OU
Norfolk & Norwich C	0 - 0	Fakenham Oddfellows	Tue 4 Mar 25	19:30	OU
Aylsham Spitfires	0 - 0	Lowestoft B	Mon 10 Mar 25	19:30	OU
Wymondham Eagles	0 - 0	Lowestoft A	Fri 14 Mar 25	19:30	OU
North Norfolk Seals	0 - 0	Norfolk & Norwich C	Fri 21 Mar 25	19:30	OU
Wymondham Eagles	0 - 0	Fakenham Oddfellows	Fri 21 Mar 25	19:30	OU
Lowestoft B	0 - 0	Wymondham Eagles	Mon 24 Mar 25	19:30	OU
Fakenham Oddfellows	0 - 0	Aylsham Spitfires	Tue 25 Mar 25	19:35	OU
Aylsham Spitfires	0 - 0	Norfolk & Norwich C	Mon 31 Mar 25	19:30	OU
Wymondham Eagles	0 - 0	North Norfolk Seals	Fri 4 Apr 25	19:30	OU
Fakenham Oddfellows	0 - 0	Norfolk & Norwich C	Tue 15 Apr 25	19:35	OU
North Norfolk Seals	0 - 0	Aylsham Spitfires	Fri 25 Apr 25	19:30	OU