

| Home Team | Result | Away Team | Date | Time Status |
|--------------------------|---------------|--------------------------|---------------|--------------------|
| Horsham 2 | 2 - 2 | Horsham 1 | Tue 15 Oct 24 | 19:30 OV |
| Brighton & Hove 1 | 2½ - 1½ | Haywards Heath 1 | Mon 21 Oct 24 | 19:30 OU |
| Lewes | 2½ - 1½ | Bexhill 1 | Tue 22 Oct 24 | 19:30 OV |
| Horsham 1 | 3½ - ½ | Crowborough | Tue 22 Oct 24 | 19:30 OV |
| East Grinstead 1 | 2½ - 1½ | Crowborough | Mon 28 Oct 24 | 19:30 OV |
| Eastbourne 1 | 2½ - 1½ | Horsham 2 | Fri 1 Nov 24 | 19:30 OV |
| Crowborough | 1½ - 2½ | Hastings & St Leonards 1 | Fri 1 Nov 24 | 19:30 OU |
| Horsham 1 | 1½ - 2½ | Worthing 1 | Tue 5 Nov 24 | 19:30 OV |
| Haywards Heath 1 | 1½ - 2½ | Lewes | Thu 7 Nov 24 | 19:30 OV |
| Bexhill 1 | 0 - 4 | East Grinstead 1 | Fri 8 Nov 24 | 19:30 OV |
| Worthing 1 | 3 - 1 | Eastbourne 1 | Mon 11 Nov 24 | 19:30 OV |
| Crowborough | 1½ - 2½ | Brighton & Hove 1 | Fri 15 Nov 24 | 19:30 OV |
| Horsham 2 | 2 - 2 | Bexhill 1 | Tue 19 Nov 24 | 19:30 OV |
| Hastings & St Leonards 1 | 2 - 2 | Haywards Heath 1 | Wed 20 Nov 24 | 19:30 OU |
| Brighton & Hove 1 | 2 - 2 | Horsham 1 | Mon 25 Nov 24 | 19:30 OV |
| Worthing 1 | 2 - 2 | Lewes | Mon 25 Nov 24 | 19:30 OV |
| Haywards Heath 1 | 2 - 2 | Eastbourne 1 | Thu 5 Dec 24 | 19:30 OV |
| Eastbourne 1 | 1½ - 2½ | Brighton & Hove 1 | Fri 13 Dec 24 | 19:30 OV |
| Horsham 1 | 0 - 0 | Lewes | Tue 14 Jan 25 | 19:30 OU |
| Crowborough | 0 - 0 | Worthing 1 | Fri 17 Jan 25 | 19:30 OU |
| Horsham 2 | 0 - 0 | East Grinstead 1 | Tue 21 Jan 25 | 19:30 OU |
| Bexhill 1 | 0 - 0 | Haywards Heath 1 | Fri 24 Jan 25 | 19:30 OU |
| Lewes | 0 - 0 | Eastbourne 1 | Tue 28 Jan 25 | 19:30 OU |
| Hastings & St Leonards 1 | 0 - 0 | Worthing 1 | Wed 29 Jan 25 | 19:30 OU |
| Haywards Heath 1 | 0 - 0 | Horsham 1 | Thu 30 Jan 25 | 19:30 OU |
| Bexhill 1 | 0 - 0 | Crowborough | Fri 31 Jan 25 | 19:30 OU |
| East Grinstead 1 | 0 - 0 | Brighton & Hove 1 | Mon 3 Feb 25 | 19:30 OU |
| Eastbourne 1 | 0 - 0 | East Grinstead 1 | Fri 7 Feb 25 | 19:30 OU |
| Worthing 1 | 0 - 0 | Horsham 2 | Mon 10 Feb 25 | 19:30 OU |
| Lewes | 0 - 0 | Brighton & Hove 1 | Tue 11 Feb 25 | 19:30 OU |
| Hastings & St Leonards 1 | 0 - 0 | Bexhill 1 | Wed 12 Feb 25 | 19:30 OU |
| Horsham 1 | 0 - 0 | Hastings & St Leonards 1 | Tue 18 Feb 25 | 19:30 OU |
| Eastbourne 1 | 0 - 0 | Hastings & St Leonards 1 | Fri 21 Feb 25 | 19:30 OU |
| Brighton & Hove 1 | 0 - 0 | Worthing 1 | Mon 24 Feb 25 | 19:30 OU |
| Haywards Heath 1 | 0 - 0 | East Grinstead 1 | Thu 27 Feb 25 | 19:30 OU |
| Crowborough | 0 - 0 | Horsham 2 | Fri 28 Feb 25 | 19:30 OU |
| Horsham 2 | 0 - 0 | Haywards Heath 1 | Tue 4 Mar 25 | 19:30 OU |
| Eastbourne 1 | 0 - 0 | Crowborough | Fri 7 Mar 25 | 19:30 OU |
| East Grinstead 1 | 0 - 0 | Horsham 1 | Mon 10 Mar 25 | 19:30 OU |
| Brighton & Hove 1 | 0 - 0 | Bexhill 1 | Mon 10 Mar 25 | 19:30 OU |
| Hastings & St Leonards 1 | 0 - 0 | Lewes | Wed 12 Mar 25 | 19:30 OU |
| Worthing 1 | 0 - 0 | Haywards Heath 1 | Mon 17 Mar 25 | 19:30 OU |
| Horsham 2 | 0 - 0 | Brighton & Hove 1 | Tue 18 Mar 25 | 19:30 OU |

| Home Team | Result | Away Team | Date | Time Status |
|--------------------------|---------------|--------------------------|---------------|--------------------|
| Crowborough | 0 - 0 | Lewes | Fri 21 Mar 25 | 19:30 OU |
| Brighton & Hove 1 | 0 - 0 | Hastings & St Leonards 1 | Mon 24 Mar 25 | 19:30 OU |
| Lewes | 0 - 0 | Horsham 2 | Tue 25 Mar 25 | 19:30 OU |
| Haywards Heath 1 | 0 - 0 | Crowborough | Thu 27 Mar 25 | 19:30 OU |
| Bexhill 1 | 0 - 0 | Eastbourne 1 | Fri 28 Mar 25 | 19:30 OU |
| East Grinstead 1 | 0 - 0 | Worthing 1 | Mon 31 Mar 25 | 19:30 OU |
| Bexhill 1 | 0 - 0 | Horsham 1 | Fri 4 Apr 25 | 19:30 OU |
| East Grinstead 1 | 0 - 0 | Hastings & St Leonards 1 | Mon 7 Apr 25 | 19:30 OU |
| Hastings & St Leonards 1 | 0 - 0 | Horsham 2 | Wed 23 Apr 25 | 19:30 OU |
| Worthing 1 | 0 - 0 | Bexhill 1 | Mon 28 Apr 25 | 19:30 OU |
| Horsham 1 | 0 - 0 | Eastbourne 1 | Tue 29 Apr 25 | 19:30 OU |
| Lewes | 0 - 0 | East Grinstead 1 | Tue 13 May 25 | 19:30 OU |