

| Home Team | Result | Away Team | Date | Time Status |
|-------------------|---------------|-------------------|---------------|--------------------|
| Bexhill 2 | 2½ - 1½ | Bexhill 3 | Fri 13 Oct 23 | 19:30 OV |
| Bexhill 3 | 1 - 3 | Brighton & Hove 2 | Fri 10 Nov 23 | 19:30 OV |
| Sussex University | 1 - 3 | Bexhill 3 | Mon 20 Nov 23 | 19:30 OU |
| Bexhill 3 | 1½ - 2½ | Collyers VI FC 1 | Fri 1 Dec 23 | 19:30 OV |
| Bexhill 3 | 2 - 2 | East Grinstead 2 | Fri 16 Feb 24 | 19:30 OV |
| Bexhill 3 | 2½ - 1½ | Eastbourne 3 | Fri 8 Mar 24 | 19:30 OU |
| Horsham 3 | 1 - 3 | Bexhill 3 | Tue 26 Mar 24 | 19:30 OV |
| East Grinstead 1 | 3 - 1 | Bexhill 3 | Mon 8 Apr 24 | 19:30 OU |
| Crowborough 2 | 2½ - 1½ | Bexhill 3 | Fri 19 Apr 24 | 19:30 OV |