

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Wimborne A | 3 - 1 | Highcliffe A | Wed 5 Oct 22 | 19:30 | OU |
| Highcliffe A | 1 - 3 | Poole A | Mon 24 Oct 22 | 19:30 | OU |
| Southbourne A | 2 - 2 | Highcliffe A | Fri 25 Nov 22 | 19:30 | OU |
| Ringwood A | 0 - 4 | Highcliffe A | Mon 5 Dec 22 | 19:30 | OU |
| Highcliffe A | 1½ - 2½ | Poole B | Mon 9 Jan 23 | 19:30 | OV |
| Highcliffe A | 1½ - 2½ | Wimborne A | Mon 30 Jan 23 | 19:30 | OV |
| Highcliffe A | 1½ - 2½ | Southbourne A | Mon 13 Mar 23 | 19:30 | OU |
| Highcliffe A | 2½ - 1½ | Ringwood A | Mon 3 Apr 23 | 19:30 | OV |
| Poole A | 3½ - ½ | Highcliffe A | Mon 17 Apr 23 | 19:30 | OV |
| Poole B | 1½ - 2½ | Highcliffe A | Mon 24 Apr 23 | 19:30 | OU |