

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Bournemouth A | 2 - 2 | Southbourne B | Tue 18 Oct 22 | 19:30 | OV |
| Wimborne C | 1½ - 2½ | Bournemouth A | Wed 2 Nov 22 | 19:30 | OV |
| New Milton A | 2 - 2 | Bournemouth A | Tue 22 Nov 22 | 19:30 | OU |
| Bournemouth A | 2½ - 1½ | Highcliffe B | Tue 13 Dec 22 | 19:30 | OU |
| Bournemouth A | ½ - 3½ | Wimborne B | Tue 17 Jan 23 | 19:30 | OU |
| Southbourne B | 3 - 1 | Bournemouth A | Fri 10 Feb 23 | 19:30 | OU |
| Bournemouth A | 2 - 2 | New Milton A | Tue 14 Mar 23 | 19:30 | OU |
| Highcliffe B | 1 - 3 | Bournemouth A | Mon 27 Mar 23 | 19:30 | OU |
| Wimborne B | 2½ - 1½ | Bournemouth A | Wed 3 May 23 | 19:30 | OU |
| Bournemouth A | 3 - 1 | Wimborne C | Tue 16 May 23 | 19:30 | OU |