

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Dorchester A | 2 - 2 | Weymouth A | Thu 27 Oct 22 | 19:30 | OV |
| Weymouth A | 2½ - 1½ | Yeovil | Thu 10 Nov 22 | 19:30 | OV |
| Weymouth A | 2½ - 1½ | Highcliffe A | Thu 1 Dec 22 | 19:30 | OU |
| Wimborne A | 3 - 1 | Weymouth A | Wed 18 Jan 23 | 19:30 | OU |
| Weymouth A | 1½ - 2½ | Dorchester A | Thu 2 Mar 23 | 19:30 | OU |
| Yeovil | 1 - 3 | Weymouth A | Thu 23 Mar 23 | 19:30 | OV |
| Poole A | 1½ - 2½ | Weymouth A | Mon 27 Mar 23 | 19:30 | OV |
| Weymouth A | 2½ - 1½ | Poole A | Thu 18 May 23 | 19:30 | OU |
| Highcliffe A | 1½ - 2½ | Weymouth A | Mon 22 May 23 | 19:30 | OV |
| Weymouth A | 2½ - 1½ | Wimborne A | Thu 25 May 23 | 19:30 | OU |