

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Highcliffe B | 2 - 1 | Dorchester C | Mon 10 Oct 22 | 19:30 | OU |
| Highcliffe B | 2 - 2 | Wimborne C | Mon 14 Nov 22 | 19:30 | OV |
| Highcliffe B | 2 - 2 | New Milton | Mon 9 Jan 23 | 19:30 | OU |
| Poole B | 3 - 1 | Highcliffe B | Mon 30 Jan 23 | 19:30 | OU |
| Dorchester C | 1½ - 2½ | Highcliffe B | Thu 23 Feb 23 | 19:30 | OU |
| Wimborne C | 2 - 2 | Highcliffe B | Wed 5 Apr 23 | 19:30 | OV |
| New Milton | 1 - 3 | Highcliffe B | Tue 16 May 23 | 19:30 | OU |
| Highcliffe B | 1½ - 2½ | Poole B | Mon 5 Jun 23 | 19:30 | OU |