

Home Team	Result	Away Team	Date	Time	Status
Ilford	4 - 6	Barking A	Mon 13 Jun 22	19:30	OV
Barking A	6½ - 3½	Basildon	Thu 1 Sep 22	19:45	OU
Wanstead A	6 - 4	Barking A	Tue 20 Sep 22	19:45	OV