

<b>Home Team</b>	<b>Result</b>	<b>Away Team</b>	<b>Date</b>	<b>Time</b>	<b>Status</b>
Barking A	10 - 0	Thurrock	Thu 13 Jul 23	19:45	OV
Barking A	0 - 0	Bye	Fri 4 Aug 23	19:30	OU
Basildon	4½ - 5½	Barking A	Thu 24 Aug 23	19:45	OV
Wanstead A	7½ - 2½	Barking A	Tue 19 Sep 23	19:45	OV