

Home Team	Result	Away Team	Date	Time	Status
Barking B	1 - 9	Wanstead A	Thu 22 Jun 23	19:45	OV
Wanstead A	7 - 3	Chelmsford	Tue 18 Jul 23	19:45	OU
Ilford	3 - 7	Wanstead A	Mon 21 Aug 23	19:30	OV
Wanstead A	7½ - 2½	Barking A	Tue 19 Sep 23	19:45	OV