

<b>Home Team</b>	<b>Result</b>	<b>Away Team</b>	<b>Date</b>	<b>Time</b>	<b>Status</b>
Loughton II	0 - 6	Wanstead II	Wed 3 Nov 21	19:30	OV
Upminster II	5 - 1	Loughton II	Tue 18 Jan 22	19:15	OV
Loughton II	4 - 2	Southend II	Wed 9 Feb 22	19:30	OV
Thurrock	4 - 2	Loughton II	Wed 23 Mar 22	19:30	OV
Loughton II	2 - 4	Brentwood II	Wed 20 Apr 22	19:30	OV
Loughton II	1 - 5	Barking II	Wed 27 Apr 22	19:30	OV
Ilford	5½ - ½	Loughton II	Mon 30 May 22	19:30	OV