

Home Team	Result	Away Team	Date	Time	Status
Ilford	5 - 1	Southend II	Mon 25 Oct 21	19:30	OV
Southend II	1 - 5	Barking II	Mon 1 Nov 21	19:30	OV
Loughton II	4 - 2	Southend II	Wed 9 Feb 22	19:30	OV
Southend II	3 - 3	Upminster II	Fri 4 Mar 22	19:30	OV
Wanstead II	5½ - ½	Southend II	Tue 22 Mar 22	19:30	OV
Brentwood II	4 - 2	Southend II	Tue 5 Apr 22	19:30	OV
Southend II	5½ - ½	Thurrock	Fri 22 Apr 22	19:30	OV