

Home Team	Result	Away Team	Date	Time	Status
Wanstead I	7 - 1	Southend I	Tue 11 Oct 22	19:30	OV
Writtle	6½ - 1½	Southend I	Wed 19 Oct 22	19:30	OV
Southend I	2 - 6	Upminster I	Fri 28 Oct 22	19:30	OV
Basildon	6 - 2	Southend I	Thu 1 Dec 22	19:40	OV
Southend I	4½ - 3½	Brentwood I	Fri 6 Jan 23	19:30	OV
Southend I	4 - 4	Barking I	Mon 9 Jan 23	19:30	OV
Loughton I	5 - 3	Southend I	Wed 1 Feb 23	19:30	OV
Southend I	3 - 5	Loughton I	Fri 24 Mar 23	19:30	OV
Southend I	1 - 7	Basildon	Fri 21 Apr 23	19:30	OV
Upminster I	4½ - 3½	Southend I	Tue 25 Apr 23	19:15	OV