

Home Team	Result	Away Team	Date	Time	Status
Upminster II	2 - 4	Barking II	Tue 11 Oct 22	19:15	OV
Barking II	4 - 2	Loughton II	Thu 24 Nov 22	19:30	OV
Thurrock I	2½ - 3½	Barking II	Wed 11 Jan 23	19:30	OV
Barking II	2 - 4	Witham	Tue 24 Jan 23	19:30	OV
Brentwood II	2½ - 3½	Barking II	Tue 31 Jan 23	19:30	OV
Barking II	1 - 5	Wanstead II	Thu 2 Feb 23	19:30	OV
Ilford I	5 - 1	Barking II	Mon 27 Feb 23	19:30	OV
Barking II	3½ - 2½	Thurrock I	Thu 13 Apr 23	19:30	OV
Ilford I	4½ - 1½	Barking II	Mon 24 Apr 23	19:30	OV
Witham	5½ - ½	Barking II	Tue 2 May 23	19:30	OV