

Home Team	Result	Away Team	Date	Time	Status
Loughton II	½ - 5½	Ilford I	Wed 19 Oct 22	19:30	OV
Ilford I	4½ - 1½	Thurrock I	Mon 24 Oct 22	19:30	OV
Witham	1½ - 4½	Ilford I	Wed 16 Nov 22	19:30	OV
Wanstead II	1½ - 4½	Ilford I	Tue 17 Jan 23	19:30	OV
Ilford I	4½ - 1½	Brentwood II	Mon 6 Feb 23	19:30	OV
Ilford I	4½ - 1½	Upminster II	Mon 20 Feb 23	19:30	OV
Ilford I	5 - 1	Barking II	Mon 27 Feb 23	19:30	OV
Ilford I	4 - 2	Witham	Mon 20 Mar 23	19:30	OV
Thurrock I	5 - 1	Ilford I	Wed 19 Apr 23	19:30	OV
Ilford I	4½ - 1½	Barking II	Mon 24 Apr 23	19:30	OV