

Home Team	Result	Away Team	Date	Time	Status
Southend II	1 - 4	Thurrock II	Fri 7 Oct 22	19:30	OV
Thurrock II	3 - 2	Southend II	Wed 26 Oct 22	19:30	OV
Thurrock II	½ - 4½	Wanstead III	Wed 16 Nov 22	19:30	OV
Ilford II	2 - 3	Thurrock II	Mon 19 Dec 22	19:30	OV
Thurrock II	1 - 4	Ilford II	Wed 4 Jan 23	19:30	OV
Wanstead III	5 - 0	Thurrock II	Tue 31 Jan 23	19:30	OV
Thurrock II	4 - 1	Upminster III	Wed 15 Feb 23	19:30	OV
Thurrock II	2 - 3	Barking III	Wed 8 Mar 23	19:30	OV
Upminster III	2 - 3	Thurrock II	Tue 21 Mar 23	19:15	OV
Barking III	5 - 0	Thurrock II	Thu 30 Mar 23	19:30	OV