

| <b>Home Team</b> | <b>Result</b> | <b>Away Team</b> | <b>Date</b>   | <b>Time</b> | <b>Status</b> |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Ilford II        | 2 - 3         | Wanstead III     | Mon 17 Oct 22 | 19:30       | OV            |
| Wanstead III     | 2 - 3         | Barking III      | Tue 8 Nov 22  | 19:30       | OV            |
| Thurrock II      | ½ - 4½        | Wanstead III     | Wed 16 Nov 22 | 19:30       | OV            |
| Upminster III    | 4 - 1         | Wanstead III     | Tue 22 Nov 22 | 19:15       | OV            |
| Wanstead III     | 2½ - 2½       | Upminster III    | Tue 24 Jan 23 | 19:30       | OV            |
| Wanstead III     | 5 - 0         | Thurrock II      | Tue 31 Jan 23 | 19:30       | OV            |
| Southend II      | 2 - 3         | Wanstead III     | Fri 17 Feb 23 | 19:30       | OV            |
| Barking III      | 3 - 2         | Wanstead III     | Thu 9 Mar 23  | 19:30       | OV            |
| Wanstead III     | 2 - 3         | Southend II      | Tue 18 Apr 23 | 19:30       | OV            |
| Wanstead III     | 3 - 2         | Ilford II        | Tue 23 May 23 | 19:30       | OV            |