

Home Team	Result	Away Team	Date	Time	Status
Upminster I	3½ - 4½	Basildon	Tue 3 Oct 23	19:15	OV
Barking I	5½ - 2½	Upminster I	Thu 9 Nov 23	19:30	OV
Upminster I	1½ - 6½	Writtle	Tue 14 Nov 23	19:15	OV
Upminster I	7 - 1	Loughton I	Tue 21 Nov 23	19:15	OV
Upminster I	1½ - 6½	Brentwood I	Tue 5 Dec 23	19:15	OV
Writtle	6½ - 1½	Upminster I	Wed 24 Jan 24	19:30	OV
Upminster I	4 - 4	Barking I	Tue 13 Feb 24	19:15	OV
Upminster I	2½ - 5½	Wanstead I	Tue 27 Feb 24	19:15	OV
Basildon	3 - 5	Upminster I	Thu 7 Mar 24	19:40	OV
Loughton I	1 - 7	Upminster I	Wed 20 Mar 24	19:30	OV
Brentwood I	4½ - 3½	Upminster I	Tue 26 Mar 24	19:30	OV
Wanstead I	6½ - 1½	Upminster I	Tue 16 Apr 24	19:30	OV