

Home Team	Result	Away Team	Date	Time	Status
Southend I	3 - 3	Witham	Fri 8 Dec 23	19:30	OV
Ilford I	4½ - 1½	Southend I	Mon 18 Dec 23	19:30	OV
Barking II	2 - 4	Southend I	Thu 11 Jan 24	19:30	OV
Upminster II	2 - 4	Southend I	Tue 16 Jan 24	19:15	OV
Southend I	3 - 3	Ilford I	Fri 26 Jan 24	19:30	OV
Southend I	2 - 4	Wanstead II	Fri 9 Feb 24	19:30	OV
Southend I	3 - 3	Wanstead III	Fri 8 Mar 24	19:30	OV
Witham	4 - 2	Southend I	Wed 13 Mar 24	19:30	OV
Southend I	4½ - 1½	Upminster II	Fri 19 Apr 24	19:30	OV
Wanstead III	3 - 3	Southend I	Tue 23 Apr 24	19:30	OV
Southend I	3 - 3	Barking II	Mon 29 Apr 24	19:30	OV
Wanstead II	4½ - 1½	Southend I	Tue 14 May 24	19:30	OU