

Home Team	Result	Away Team	Date	Time	Status
Ilford I	4½ - 1½	Wanstead II	Mon 25 Sep 23	19:30	OV
Barking II	3½ - 2½	Ilford I	Thu 5 Oct 23	19:30	OV
Ilford I	3½ - 2½	Witham	Mon 23 Oct 23	19:30	OV
Wanstead II	4 - 2	Ilford I	Tue 28 Nov 23	19:30	OV
Ilford I	2½ - 3½	Wanstead III	Mon 4 Dec 23	19:30	OV
Ilford I	4½ - 1½	Southend I	Mon 18 Dec 23	19:30	OV
Southend I	3 - 3	Ilford I	Fri 26 Jan 24	19:30	OV
Witham	4½ - 1½	Ilford I	Wed 6 Mar 24	19:30	OV
Ilford I	4 - 2	Upminster II	Mon 18 Mar 24	19:30	OV
Ilford I	4 - 2	Barking II	Mon 22 Apr 24	19:30	OV
Upminster II	1 - 5	Ilford I	Tue 30 Apr 24	19:15	OU
Wanstead III	4 - 2	Ilford I	Tue 21 May 24	19:30	OU