

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Braintree | 2½ - 1½ | Witham A | Wed 19 Oct 22 | 19:30 | OV |
| Braintree | 1½ - 2½ | Chelmsford A | Wed 30 Nov 22 | 19:30 | OV |