

| Home Team | Result | Away Team | Date | Time | Status |
|-------------------|---------------|-------------------|---------------|-------------|---------------|
| Kings Lynn | 0 - 4 | St Johns Templars | Thu 20 Oct 22 | 19:30 | OV |
| St Johns Templars | 1 - 3 | Fakenham | Thu 10 Nov 22 | 19:30 | OV |