

| Home Team | Result | Away Team | Date | Time | Status |
|-----------------------|---------------|-----------------------|---------------|-------------|---------------|
| Tynemouth C | | Forest Hall Squirrels | Tue 10 Oct 23 | 19:15 | OU |
| Leam Lane Bullets | | Forest Hall Squirrels | Tue 24 Oct 23 | 19:15 | OU |
| Gosforth Woodbines | | Forest Hall Squirrels | Mon 30 Oct 23 | 19:15 | OU |
| Gateshead A | | Forest Hall Squirrels | Thu 16 Nov 23 | 19:15 | OU |
| Forest Hall Squirrels | | Gosforth Hawthorns | Wed 29 Nov 23 | 19:30 | OU |
| Forest Hall Squirrels | | Leam Lane Bullets | Wed 10 Jan 24 | 19:30 | OU |
| Forest Hall Squirrels | | Tynemouth C | Wed 17 Jan 24 | 19:30 | OU |
| Forest Hall Squirrels | | Gateshead A | Wed 21 Feb 24 | 19:30 | OV |
| Gosforth Hawthorns | | Forest Hall Squirrels | Mon 4 Mar 24 | 19:15 | OU |
| Forest Hall Squirrels | | Gosforth Woodbines | Wed 13 Mar 24 | 19:30 | OV |
| Forest Hall Squirrels | | Morpeth C | Wed 20 Mar 24 | 19:30 | OV |
| Morpeth C | | Forest Hall Squirrels | Wed 3 Apr 24 | 19:15 | OU |