

| Home Team | Result | Away Team | Date | Time | Status |
|-------------------|---------------|-------------------|---------------|-------------|---------------|
| Hammersmith 2 | 2 - 4 | Albany | Tue 4 Oct 22 | 19:00 | OU |
| Albany | 4 - 2 | Willesden & Brent | Mon 24 Oct 22 | 19:00 | OV |
| Albany | 2 - 4 | Harrow | Mon 7 Nov 22 | 19:00 | OV |
| Albany | 4½ - 1½ | Hendon 2 | Mon 16 Jan 23 | 19:00 | OU |
| Albany | 3 - 3 | Hammersmith 2 | Mon 20 Feb 23 | 19:00 | OU |
| Albany | 3½ - 2½ | Kings Head 2 | Mon 6 Mar 23 | 19:00 | OV |
| Albany | 3½ - 2½ | Muswell Hill 2 | Mon 20 Mar 23 | 19:00 | OU |
| Muswell Hill 2 | 2½ - 3½ | Albany | Tue 18 Apr 23 | 19:15 | OU |
| Harrow | 1½ - 4½ | Albany | Thu 4 May 23 | 19:30 | OU |
| Willesden & Brent | 1 - 5 | Albany | Wed 17 May 23 | 19:15 | OU |
| Hendon 2 | 2 - 4 | Albany | Thu 25 May 23 | 19:30 | OU |
| Kings Head 2 | 3 - 3 | Albany | Tue 13 Jun 23 | 19:00 | OV |