

| Home Team | Result | Away Team | Date | Time | Status |
|----------------------------|---------------|----------------------------|---------------|-------------|---------------|
| Bury St Edmunds Barracudas | 1½ - 2½ | Bury St Edmunds Earwigs | Thu 19 Sep 19 | 19:30 | OV |
| Bury St Edmunds Earwigs | ½ - 3½ | Sudbury | Thu 3 Oct 19 | 19:30 | OV |
| Bury St Edmunds Earwigs | 2½ - 1½ | Linton Lynxes | Thu 17 Oct 19 | 19:30 | OV |
| Linton Lemurs | 2½ - 1½ | Bury St Edmunds Earwigs | Tue 12 Nov 19 | 19:30 | OV |
| Stowmarket | 0 - 4 | Bury St Edmunds Earwigs | Tue 10 Dec 19 | 19:30 | OV |
| Bury St Edmunds Earwigs | 2 - 2 | Bury St Edmunds Barracudas | Thu 9 Jan 20 | 19:30 | OV |
| Bury St Edmunds Earwigs | 2½ - 1½ | Stowmarket | Thu 30 Jan 20 | 19:30 | OV |
| Linton Lynxes | 2 - 2 | Bury St Edmunds Earwigs | Tue 11 Feb 20 | 19:30 | OV |
| Sudbury | 0 - 0 | Bury St Edmunds Earwigs | Mon 27 Apr 20 | 19:30 | OU |
| Bury St Edmunds Earwigs | 0 - 0 | Linton Lemurs | Thu 7 May 20 | 19:30 | OU |