

Home Team	Result	Away Team	Date	Time Status
Newmarket Knights	1 - 3	Stowmarket	Mon 12 Sep 22	19:30 OV
Sudbury	1 - 3	Newmarket Knights	Wed 5 Oct 22	19:30 OU
Newmarket Knights	3 - 1	Linton Lemurs	Mon 17 Oct 22	19:30 OV
Bury St Edmunds Barracudas	½ - 3½	Newmarket Knights	Thu 3 Nov 22	19:30 OV
Newmarket Knights	4 - 0	Ely Beet Rooks	Mon 14 Nov 22	19:30 OU
Newmarket Knights	1 - 3	Bury St Edmunds Earwigs	Mon 28 Nov 22	19:30 OV
Newmarket Knights	2 - 2	Sudbury	Mon 30 Jan 23	19:30 OV
Linton Lemurs	1 - 3	Newmarket Knights	Tue 14 Feb 23	19:30 OV
Linton Lynxes	2 - 2	Newmarket Knights	Tue 21 Feb 23	19:30 OV
Newmarket Knights	4 - 0	Bury St Edmunds Barracudas	Mon 27 Feb 23	19:30 OU
Ely Beet Rooks	1 - 3	Newmarket Knights	Mon 13 Mar 23	19:30 OV
Stowmarket	½ - 3½	Newmarket Knights	Tue 21 Mar 23	19:30 OU
Bury St Edmunds Earwigs	1 - 3	Newmarket Knights	Thu 30 Mar 23	19:30 OV
Newmarket Knights	2 - 2	Linton Lynxes	Mon 17 Apr 23	19:30 OU