

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Gambit 5 | ½ - 3½ | West Bridgford 2 | Tue 11 Oct 22 | 19:30 | OV |
| West Bridgford 2 | 3½ - ½ | Central 2 | Mon 17 Oct 22 | 19:30 | OU |
| Nomads 3 | 2 - 2 | West Bridgford 2 | Mon 24 Oct 22 | 19:30 | OV |
| Newark 2 | 3½ - ½ | West Bridgford 2 | Mon 31 Oct 22 | 19:45 | OV |
| West Bridgford 2 | 2 - 2 | University 2 | Mon 14 Nov 22 | 19:30 | OU |
| West Bridgford 2 | 3 - 1 | Beeston 2 | Mon 5 Dec 22 | 19:30 | OV |
| West Bridgford 2 | 3½ - ½ | Gambit 7 | Mon 9 Jan 23 | 19:30 | OV |
| Central 2 | 1½ - 2½ | West Bridgford 2 | Tue 24 Jan 23 | 19:30 | OU |
| West Bridgford 2 | 3 - 1 | Gambit 5 | Mon 30 Jan 23 | 19:30 | OV |
| University 2 | 1 - 3 | West Bridgford 2 | Wed 29 Mar 23 | 19:15 | OU |
| Beeston 2 | 1 - 3 | West Bridgford 2 | Tue 18 Apr 23 | 19:30 | OU |
| West Bridgford 2 | 2 - 2 | Nomads 3 | Mon 24 Apr 23 | 19:30 | OU |
| Gambit 7 | 1 - 3 | West Bridgford 2 | Tue 9 May 23 | 19:30 | OU |
| West Bridgford 2 | 2 - 2 | Newark 2 | Mon 15 May 23 | 19:30 | OU |