

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Rugeley | 3 - 1 | Rushall | Tue 6 Sep 22 | 19:30 | OV |
| Lichfield 2B | 2½ - 1½ | Lichfield 2A | Mon 12 Sep 22 | 19:15 | OV |
| Tamworth | 1 - 3 | Mercia | Thu 29 Sep 22 | 19:30 | OV |
| Rushall | 1 - 3 | Tamworth | Mon 3 Oct 22 | 19:15 | OV |
| Lichfield 2A | 2 - 2 | Rugeley | Mon 17 Oct 22 | 19:15 | OV |
| Lichfield 2B | 2 - 2 | Mercia | Mon 17 Oct 22 | 19:15 | OV |
| Rugeley | 3 - 1 | Lichfield 2B | Tue 1 Nov 22 | 19:30 | OV |
| Oscott | 2 - 2 | Rugeley | Mon 7 Nov 22 | 19:15 | OV |
| Walsall Kipping | 1 - 3 | Tamworth | Thu 10 Nov 22 | 19:15 | OV |
| Mercia | ½ - 3½ | Oscott | Tue 15 Nov 22 | 19:30 | OV |
| Walsall Kipping | 2 - 2 | Lichfield 2A | Thu 17 Nov 22 | 19:15 | OV |
| Rushall | 3½ - ½ | Lichfield 2A | Mon 21 Nov 22 | 19:15 | OV |
| Walsall Kipping | 4 - 0 | Mercia | Thu 1 Dec 22 | 19:15 | OV |
| Stafford | 1½ - 2½ | Rugeley | Thu 8 Dec 22 | 19:30 | OV |
| Rugeley | 2½ - 1½ | Mercia | Tue 3 Jan 23 | 19:30 | OV |
| Stafford | 3 - 1 | Lichfield 2B | Fri 6 Jan 23 | 19:30 | OV |
| Lichfield 2A | 2 - 2 | Oscott | Mon 16 Jan 23 | 19:15 | OV |
| Rugeley | 3½ - ½ | Walsall Kipping | Tue 24 Jan 23 | 19:30 | OV |
| Lichfield 2A | 1 - 3 | Tamworth | Mon 30 Jan 23 | 19:15 | OV |
| Mercia | 0 - 4 | Stafford | Tue 31 Jan 23 | 19:30 | OV |
| Lichfield 2A | 1½ - 2½ | Stafford | Mon 6 Feb 23 | 19:15 | OV |
| Lichfield 2B | 2 - 2 | Rushall | Mon 6 Feb 23 | 19:15 | OV |
| Oscott | 2 - 2 | Walsall Kipping | Mon 27 Feb 23 | 19:15 | OV |
| Mercia | 2 - 2 | Rushall | Tue 7 Mar 23 | 19:30 | OV |
| Tamworth | 2 - 2 | Rugeley | Thu 9 Mar 23 | 19:30 | OV |
| Walsall Kipping | 1½ - 2½ | Stafford | Thu 16 Mar 23 | 19:15 | OV |
| Tamworth | 2½ - 1½ | Lichfield 2B | Thu 23 Mar 23 | 19:30 | OV |
| Stafford | 2½ - 1½ | Oscott | Fri 24 Mar 23 | 19:30 | OV |
| Oscott | 1½ - 2½ | Lichfield 2B | Mon 27 Mar 23 | 19:15 | OV |
| Rushall | 2½ - 1½ | Walsall Kipping | Mon 27 Mar 23 | 19:15 | OV |
| Tamworth | 2½ - 1½ | Oscott | Thu 6 Apr 23 | 19:30 | OV |
| Mercia | 4 - 0 | Lichfield 2A | Tue 11 Apr 23 | 19:30 | OV |
| Oscott | 3 - 1 | Rushall | Mon 17 Apr 23 | 19:15 | OV |
| Lichfield 2B | 0 - 4 | Walsall Kipping | Mon 17 Apr 23 | 19:15 | OV |
| Rushall | 1½ - 2½ | Stafford | Mon 24 Apr 23 | 19:15 | OV |
| Stafford | 2 - 2 | Tamworth | Fri 28 Apr 23 | 19:30 | OV |