

| Home Team | Result | Away Team | Date | Time | Status |
|--------------------------|---------------|--------------------------|---------------|-------------|---------------|
| Rushall | 4½ - 1½ | Solihull | Mon 5 Sep 22 | 19:15 | OV |
| Oscott | 1½ - 4½ | Warley Quinborne | Mon 12 Sep 22 | 19:15 | OV |
| Halesowen | 3 - 3 | Mutual Circle | Tue 13 Sep 22 | 19:30 | OV |
| Olton B | 1½ - 4½ | Olton A | Tue 13 Sep 22 | 19:15 | OU |
| Coleshill | 2½ - 3½ | Mercia | Wed 21 Sep 22 | 19:30 | OV |
| Warley Quinborne | 4½ - 1½ | Olton B | Thu 22 Sep 22 | 19:30 | OV |
| Lichfield | 3 - 3 | Rushall | Thu 22 Sep 22 | 19:15 | OU |
| South Birmingham | 2½ - 3½ | Olton A | Mon 3 Oct 22 | 19:30 | OU |
| Mutual Circle | 3½ - 2½ | Oscott | Tue 4 Oct 22 | 19:30 | OV |
| Rushall | 4½ - 1½ | South Birmingham | Mon 10 Oct 22 | 19:15 | OV |
| Halesowen | 4½ - 1½ | Coleshill | Tue 11 Oct 22 | 19:30 | OV |
| Olton A | 4 - 2 | Warley Quinborne | Tue 11 Oct 22 | 19:15 | OV |
| Oscott | 0 - 0 | University of Birmingham | Mon 17 Oct 22 | 19:15 | OU |
| Olton B | 2½ - 3½ | Mutual Circle | Tue 18 Oct 22 | 19:15 | OV |
| Solihull | 4 - 2 | Lichfield | Wed 19 Oct 22 | 19:30 | OU |
| South Birmingham | 4 - 2 | Solihull | Mon 24 Oct 22 | 19:30 | OV |
| Mercia | 4 - 2 | Halesowen | Tue 25 Oct 22 | 19:30 | OU |
| Olton A | 3 - 3 | Lichfield | Tue 25 Oct 22 | 19:15 | OV |
| University of Birmingham | 0 - 0 | Olton B | Tue 1 Nov 22 | 19:00 | OU |
| Warley Quinborne | 2½ - 3½ | Rushall | Thu 3 Nov 22 | 19:30 | OV |
| Oscott | 2 - 4 | Mercia | Mon 7 Nov 22 | 19:15 | OV |
| Olton B | 3 - 3 | Coleshill | Tue 8 Nov 22 | 19:15 | OV |
| Solihull | 0 - 6 | Warley Quinborne | Wed 9 Nov 22 | 19:30 | OV |
| University of Birmingham | 0 - 0 | Halesowen | Tue 15 Nov 22 | 19:00 | OU |
| Rushall | 5½ - ½ | Mutual Circle | Mon 21 Nov 22 | 19:15 | OU |
| Lichfield | 2½ - 3½ | South Birmingham | Thu 24 Nov 22 | 19:15 | OV |
| University of Birmingham | 0 - 0 | Rushall | Tue 29 Nov 22 | 19:00 | OU |
| Coleshill | 3½ - 2½ | Olton A | Wed 30 Nov 22 | 19:30 | OV |
| Mutual Circle | 3½ - 2½ | Solihull | Tue 6 Dec 22 | 19:30 | OV |
| Halesowen | 3 - 3 | Oscott | Tue 6 Dec 22 | 19:30 | OV |
| Mercia | 2½ - 3½ | Olton B | Tue 6 Dec 22 | 19:30 | OV |
| Warley Quinborne | 5 - 1 | Lichfield | Thu 8 Dec 22 | 19:30 | OU |
| Rushall | 4 - 2 | Coleshill | Mon 12 Dec 22 | 19:15 | OV |
| South Birmingham | 4½ - 1½ | Warley Quinborne | Mon 12 Dec 22 | 19:30 | OV |
| Olton B | 2 - 4 | Halesowen | Tue 13 Dec 22 | 19:15 | OV |
| Olton A | 2 - 4 | Mercia | Tue 20 Dec 22 | 19:15 | OV |
| Oscott | 2½ - 3½ | Olton B | Mon 9 Jan 23 | 19:15 | OV |
| Halesowen | 2½ - 3½ | Olton A | Tue 10 Jan 23 | 19:30 | OV |
| Mercia | 2 - 4 | Rushall | Tue 10 Jan 23 | 19:30 | OV |
| Coleshill | 3 - 3 | Solihull | Wed 11 Jan 23 | 19:30 | OV |
| Olton B | 2 - 4 | South Birmingham | Tue 24 Jan 23 | 19:15 | OV |
| Solihull | 5½ - ½ | Mercia | Wed 25 Jan 23 | 19:30 | OV |
| Lichfield | 4 - 2 | Coleshill | Thu 26 Jan 23 | 19:15 | OV |

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Rushall | 2½ - 3½ | Halesowen | Mon 30 Jan 23 | 19:15 | OV |
| Warley Quinborne | 5 - 1 | Mutual Circle | Thu 2 Feb 23 | 19:30 | OV |
| Mercia | 4 - 2 | Lichfield | Tue 7 Feb 23 | 19:30 | OU |
| Mutual Circle | 5 - 1 | Olton A | Tue 7 Feb 23 | 19:30 | OV |
| Solihull | 3½ - 2½ | Oscott | Wed 8 Feb 23 | 19:30 | OV |
| Oscott | 1 - 5 | Rushall | Mon 13 Feb 23 | 19:15 | OV |
| Coleshill | 3 - 3 | South Birmingham | Wed 15 Feb 23 | 19:30 | OV |
| Lichfield | 3½ - 2½ | Mutual Circle | Thu 16 Feb 23 | 19:15 | OU |
| Rushall | 5 - 1 | Olton B | Mon 27 Feb 23 | 19:15 | OV |
| South Birmingham | 3 - 3 | Mercia | Mon 6 Mar 23 | 19:30 | OV |
| Oscott | 1½ - 4½ | Lichfield | Mon 6 Mar 23 | 19:15 | OU |
| Olton B | 1 - 5 | Solihull | Tue 7 Mar 23 | 19:15 | OV |
| Lichfield | 4½ - 1½ | Halesowen | Thu 16 Mar 23 | 19:15 | OU |
| South Birmingham | 3½ - 2½ | Oscott | Mon 20 Mar 23 | 19:30 | OV |
| Mutual Circle | 2 - 4 | Mercia | Tue 21 Mar 23 | 19:30 | OV |
| Olton A | 2½ - 3½ | Oscott | Tue 21 Mar 23 | 19:15 | OV |
| Warley Quinborne | 3½ - 2½ | Coleshill | Thu 23 Mar 23 | 19:30 | OV |
| Olton A | 1 - 5 | Rushall | Tue 28 Mar 23 | 19:15 | OV |
| Mutual Circle | 2½ - 3½ | South Birmingham | Tue 28 Mar 23 | 19:30 | OV |
| Warley Quinborne | 5 - 1 | Halesowen | Thu 30 Mar 23 | 19:30 | OU |
| Lichfield | 3 - 3 | Olton B | Thu 30 Mar 23 | 19:15 | OU |
| Mercia | 2½ - 3½ | Warley Quinborne | Tue 4 Apr 23 | 19:30 | OV |
| Halesowen | 2 - 4 | South Birmingham | Tue 11 Apr 23 | 19:30 | OV |
| Coleshill | 3½ - 2½ | Mutual Circle | Wed 12 Apr 23 | 19:30 | OV |
| Solihull | 4½ - 1½ | Olton A | Thu 13 Apr 23 | 19:30 | OU |
| Coleshill | 4 - 2 | Oscott | Wed 19 Apr 23 | 19:30 | OV |
| Halesowen | 2 - 4 | Solihull | Tue 25 Apr 23 | 19:30 | OV |
| Warley Quinborne | 4 - 2 | South Birmingham | Tue 2 May 23 | 19:30 | OU |