| Round | | Date | Time |
|---------|-----|---------------|-------|
| Round 1 | Tue | 27th Sep 2022 | 19:30 |
| Round 2 | Tue | 18th Oct 2022 | 19:30 |
| Round 3 | Tue | 15th Nov 2022 | 19:30 |
| Round 4 | Tue | 3rd Jan 2023 | 19:30 |
| Round 5 | Tue | 21st Feb 2023 | 19:30 |
| Round 6 | Tue | 21st Mar 2023 | 19:30 |
| Round 7 | Tue | 16th May 2023 | 19:30 |
| Round 8 | Tue | 23rd May 2023 | 19:30 |
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