

| Home Team | Result | Away Team | Date | Time | Status |
|-----------------------|---------------|-----------------------|---------------|-------------|---------------|
| West Nottingham 2 | 2½ - 1½ | Radcliffe & Bingham 2 | Tue 20 Sep 22 | 19:30 | OV |
| Gambit 4 | 2 - 2 | Gambit 3 | Tue 27 Sep 22 | 19:30 | OV |
| Radcliffe & Bingham 2 | 4 - 0 | Gambit 4 | Tue 4 Oct 22 | 19:30 | OV |
| Gambit 3 | 3 - 1 | Nomads 2 | Tue 11 Oct 22 | 19:30 | OU |
| Gambit 4 | 1½ - 2½ | Grantham 2 | Tue 18 Oct 22 | 19:30 | OV |
| Radcliffe & Bingham 2 | ½ - 3½ | Nomads 2 | Tue 18 Oct 22 | 19:30 | OV |
| Ashfield 3 | 2 - 2 | West Nottingham 2 | Wed 19 Oct 22 | 19:45 | OU |
| West Nottingham 2 | 1 - 3 | Gambit 3 | Tue 25 Oct 22 | 19:30 | OV |
| Nomads 2 | 2½ - 1½ | Ashfield 3 | Mon 31 Oct 22 | 19:30 | OU |
| Grantham 2 | 2½ - 1½ | Radcliffe & Bingham 2 | Wed 2 Nov 22 | 19:30 | OU |
| West Nottingham 2 | 1½ - 2½ | Nomads 2 | Tue 8 Nov 22 | 19:30 | OU |
| Grantham 2 | 1 - 3 | Ashfield 3 | Wed 9 Nov 22 | 19:30 | OU |
| Gambit 3 | 3 - 1 | Radcliffe & Bingham 2 | Tue 15 Nov 22 | 19:30 | OU |
| Gambit 4 | 2½ - 1½ | West Nottingham 2 | Tue 22 Nov 22 | 19:30 | OU |
| Radcliffe & Bingham 2 | 2 - 2 | Ashfield 3 | Tue 22 Nov 22 | 19:30 | OV |
| Grantham 2 | 3 - 1 | Gambit 3 | Wed 23 Nov 22 | 19:30 | OU |
| Ashfield 3 | 2 - 2 | Gambit 4 | Wed 30 Nov 22 | 19:45 | OU |
| West Nottingham 2 | 2 - 2 | Grantham 2 | Tue 6 Dec 22 | 19:30 | OU |
| Nomads 2 | ½ - 3½ | Gambit 4 | Mon 12 Dec 22 | 19:30 | OU |
| Ashfield 3 | 1½ - 2½ | Gambit 3 | Wed 14 Dec 22 | 19:45 | OU |
| Radcliffe & Bingham 2 | 3 - 1 | West Nottingham 2 | Tue 10 Jan 23 | 19:30 | OV |
| Gambit 3 | 1½ - 2½ | Gambit 4 | Tue 17 Jan 23 | 19:30 | OU |
| Grantham 2 | 2½ - 1½ | Nomads 2 | Wed 18 Jan 23 | 19:30 | OU |
| Gambit 4 | 1½ - 2½ | Radcliffe & Bingham 2 | Tue 24 Jan 23 | 19:30 | OU |
| West Nottingham 2 | 2 - 2 | Ashfield 3 | Tue 24 Jan 23 | 19:30 | OV |
| Grantham 2 | 2 - 2 | Gambit 4 | Wed 1 Feb 23 | 19:30 | OV |
| Grantham 2 | 3 - 1 | West Nottingham 2 | Wed 8 Feb 23 | 19:30 | OV |
| Nomads 2 | 3 - 1 | Radcliffe & Bingham 2 | Mon 13 Feb 23 | 19:30 | OU |
| Gambit 3 | 3 - 1 | Ashfield 3 | Tue 21 Feb 23 | 19:30 | OU |
| West Nottingham 2 | 3 - 1 | Gambit 4 | Tue 21 Feb 23 | 19:30 | OV |
| Radcliffe & Bingham 2 | 1½ - 2½ | Grantham 2 | Tue 28 Feb 23 | 19:30 | OU |
| Ashfield 3 | 1½ - 2½ | Nomads 2 | Wed 1 Mar 23 | 19:45 | OU |
| Nomads 2 | 2½ - 1½ | Grantham 2 | Mon 6 Mar 23 | 19:30 | OU |
| Radcliffe & Bingham 2 | ½ - 3½ | Gambit 3 | Tue 14 Mar 23 | 19:30 | OU |
| Nomads 2 | 2 - 2 | West Nottingham 2 | Mon 20 Mar 23 | 19:30 | OV |
| Gambit 3 | 2 - 2 | Grantham 2 | Tue 21 Mar 23 | 19:30 | OU |
| Ashfield 3 | 2 - 2 | Radcliffe & Bingham 2 | Wed 22 Mar 23 | 19:45 | OV |
| Nomads 2 | 2½ - 1½ | Gambit 3 | Mon 27 Mar 23 | 19:30 | OU |
| Gambit 4 | 1 - 3 | Ashfield 3 | Tue 28 Mar 23 | 19:30 | OU |
| Gambit 3 | 1½ - 2½ | West Nottingham 2 | Tue 18 Apr 23 | 19:30 | OV |
| Gambit 4 | 2½ - 1½ | Nomads 2 | Tue 25 Apr 23 | 19:30 | OU |
| Ashfield 3 | 1½ - 2½ | Grantham 2 | Wed 26 Apr 23 | 19:45 | OU |