

| Home Team | Result | Away Team | Date | Time | Status |
|------------------------------------|---------------|------------------------------------|---------------|-------------|---------------|
| Bingley & Keighley A | 3 - 4 | Saltaire A | Tue 20 Sep 22 | 19:30 | OU |
| Undercliffe C | 4 - 3 | Saltaire B | Tue 20 Sep 22 | 19:30 | OU |
| BLC Dark Horses | 3 - 4 | South Bradford | Tue 20 Sep 22 | 19:30 | OU |
| Shipley | 3½ - 3½ | YSS Gambits (Declined) - Q Gardens | Tue 20 Sep 22 | 19:30 | OU |
| Q Gardens | 4½ - 2½ | Bingley & Keighley B | Tue 20 Sep 22 | 19:30 | OU |
| Shipley | 3½ - 3½ | Q Gardens | Tue 25 Oct 22 | 19:30 | OU |
| Bingley & Keighley B | 4 - 3 | BLC Dark Horses | Tue 25 Oct 22 | 19:30 | OU |
| YSS Gambits (Declined) - Q Gardens | 2 - 5 | Undercliffe C | Tue 25 Oct 22 | 19:30 | OU |
| Saltaire B | 2½ - 4½ | Bingley & Keighley A | Tue 25 Oct 22 | 19:30 | OU |
| Saltaire A | 2½ - 4½ | South Bradford | Tue 25 Oct 22 | 19:30 | OU |
| Undercliffe C | 2½ - 4½ | South Bradford | Tue 13 Dec 22 | 19:30 | OU |
| Q Gardens | 3½ - 3½ | YSS Gambits (Declined) - Q Gardens | Tue 13 Dec 22 | 19:30 | OU |
| Bingley & Keighley A | 2½ - 4½ | Bingley & Keighley B | Tue 13 Dec 22 | 19:30 | OU |
| Saltaire A | 3½ - 3½ | Saltaire B | Tue 13 Dec 22 | 19:30 | OU |
| BLC Dark Horses | 4 - 3 | Shipley | Tue 13 Dec 22 | 19:30 | OU |
| South Bradford | 2½ - 4½ | Q Gardens | Tue 31 Jan 23 | 19:30 | OU |
| Bingley & Keighley B | 4 - 3 | Undercliffe C | Tue 31 Jan 23 | 19:30 | OU |
| Saltaire A | 3½ - 3½ | BLC Dark Horses | Tue 31 Jan 23 | 19:30 | OU |
| Shipley | 2½ - 4½ | Bingley & Keighley A | Tue 31 Jan 23 | 19:30 | OU |
| YSS Gambits (Declined) - Q Gardens | 3 - 4 | Saltaire B | Tue 31 Jan 23 | 19:30 | OU |
| South Bradford | 3 - 4 | Bingley & Keighley B | Tue 14 Mar 23 | 19:30 | OU |
| Q Gardens | 2½ - 4½ | Saltaire A | Tue 14 Mar 23 | 19:30 | OU |
| Bingley & Keighley A | 5 - 2 | Undercliffe C | Tue 14 Mar 23 | 19:30 | OU |
| BLC Dark Horses | 5 - 2 | YSS Gambits (Declined) - Q Gardens | Tue 14 Mar 23 | 19:30 | OU |
| Shipley | 0 - 0 | Saltaire B | Tue 14 Mar 23 | 19:30 | OU |