

| Round | Date | Time |
|--------------|-------------------|-------------|
| Round 1 | Thu 20th Apr 2023 | 18:00 |
| Round 2 | Thu 27th Apr 2023 | 18:00 |
| Round 3 | Thu 4th May 2023 | 18:00 |
| Round 4 | Thu 11th May 2023 | 18:00 |
| Round 5 | Thu 18th May 2023 | 18:00 |
| Round 6 | Thu 25th May 2023 | 18:00 |
| Round 7 | Thu 1st Jun 2023 | 18:00 |
| Round 8 | Thu 8th Jun 2023 | 18:00 |
| Round 9 | Thu 15th Jun 2023 | 18:00 |
| Round 10 | Thu 22nd Jun 2023 | 18:00 |
| Round 11 | Thu 29th Jun 2023 | 18:00 |
| Round 12 | Thu 6th Jul 2023 | 18:00 |
| Round 13 | Thu 13th Jul 2023 | 18:00 |