

Home Team	Result	Away Team	Date	Time	Status
Wanstead II	4½ - 1½	Wanstead III	Tue 29 Aug 23	19:30	OV
Wanstead III	1½ - 4½	Wanstead II	Tue 19 Sep 23	19:30	OV
Ilford I	4½ - 1½	Wanstead II	Mon 25 Sep 23	19:30	OV
Barking II	3½ - 2½	Ilford I	Thu 5 Oct 23	19:30	OV
Upminster II	3 - 3	Barking II	Tue 10 Oct 23	19:15	OV
Witham	4 - 2	Wanstead III	Wed 11 Oct 23	19:30	OV
Wanstead III	4 - 2	Upminster II	Tue 17 Oct 23	19:30	OV
Ilford I	3½ - 2½	Witham	Mon 23 Oct 23	19:30	OV
Wanstead II	4 - 2	Upminster II	Mon 30 Oct 23	19:30	OV
Wanstead II	3½ - 2½	Witham	Wed 22 Nov 23	19:30	OV
Wanstead II	4 - 2	Ilford I	Tue 28 Nov 23	19:30	OV
Ilford I	2½ - 3½	Wanstead III	Mon 4 Dec 23	19:30	OV
Southend I	3 - 3	Witham	Fri 8 Dec 23	19:30	OV
Upminster II	1½ - 4½	Witham	Tue 12 Dec 23	19:15	OV
Ilford I	4½ - 1½	Southend I	Mon 18 Dec 23	19:30	OV
Upminster II	0 - 6	Wanstead II	Tue 9 Jan 24	19:15	OV
Barking II	2 - 4	Southend I	Thu 11 Jan 24	19:30	OV
Upminster II	2 - 4	Southend I	Tue 16 Jan 24	19:15	OV
Southend I	3 - 3	Ilford I	Fri 26 Jan 24	19:30	OV
Wanstead II	2½ - 3½	Barking II	Tue 30 Jan 24	19:30	OV
Southend I	2 - 4	Wanstead II	Fri 9 Feb 24	19:30	OV
Wanstead III	2 - 4	Witham	Tue 13 Feb 24	19:30	OV
Barking II	2½ - 3½	Upminster II	Thu 15 Feb 24	19:30	OV
Witham	6 - 0	Barking II	Tue 27 Feb 24	19:30	OV
Witham	4½ - 1½	Ilford I	Wed 6 Mar 24	19:30	OV
Southend I	3 - 3	Wanstead III	Fri 8 Mar 24	19:30	OV
Upminster II	2 - 4	Wanstead III	Tue 12 Mar 24	19:15	OV
Witham	4 - 2	Southend I	Wed 13 Mar 24	19:30	OV
Ilford I	4 - 2	Upminster II	Mon 18 Mar 24	19:30	OV
Barking II	2 - 4	Witham	Tue 19 Mar 24	19:30	OV
Wanstead III	5 - 1	Barking II	Tue 26 Mar 24	19:30	OV
Southend I	4½ - 1½	Upminster II	Fri 19 Apr 24	19:30	OV
Ilford I	4 - 2	Barking II	Mon 22 Apr 24	19:30	OV
Wanstead III	3 - 3	Southend I	Tue 23 Apr 24	19:30	OV
Witham	3½ - 2½	Upminster II	Wed 24 Apr 24	19:30	OV
Southend I	3 - 3	Barking II	Mon 29 Apr 24	19:30	OV
Upminster II	1 - 5	Ilford I	Tue 30 Apr 24	19:15	OU
Witham	4 - 2	Wanstead II	Wed 1 May 24	19:30	OV
Barking II	5 - 1	Wanstead III	Thu 9 May 24	19:30	OV
Wanstead II	4½ - 1½	Southend I	Tue 14 May 24	19:30	OU
Wanstead III	4 - 2	Ilford I	Tue 21 May 24	19:30	OU
Barking II	2 - 4	Wanstead II	Thu 23 May 24	19:30	OV