

| Home Team | Result | Away Team | Date | Time | Status |
|--------------------|---------------|--------------------|---------------|-------------|---------------|
| Chessnuts | 3 - 3 | University Bishops | Wed 12 Oct 22 | 19:30 | OV |
| Super Knights | 2 - 4 | University Bishops | Wed 19 Oct 22 | 19:30 | OV |
| University Bishops | 5 - 1 | Acomb Dragons | Tue 25 Oct 22 | 19:30 | OV |
| Acomb Phoenix | 2½ - 3½ | University Bishops | Mon 7 Nov 22 | 19:30 | OV |
| Ye Olde Starres 2 | 2½ - 3½ | University Bishops | Thu 17 Nov 22 | 19:30 | OV |
| University Bishops | 3 - 3 | Scarborough | Tue 22 Nov 22 | 19:30 | OV |
| University Bishops | 5 - 1 | Acomb Wizards | Thu 1 Dec 22 | 19:30 | OV |
| University Bishops | 2 - 4 | Chessnuts | Tue 24 Jan 23 | 19:30 | OV |
| Acomb Wizards | 3½ - 2½ | University Bishops | Thu 26 Jan 23 | 19:30 | OV |
| University Bishops | 2 - 4 | Super Knights | Tue 31 Jan 23 | 19:30 | OU |
| Acomb Dragons | 2½ - 3½ | University Bishops | Mon 6 Feb 23 | 19:30 | OV |
| Scarborough | 1½ - 4½ | University Bishops | Thu 16 Feb 23 | 19:30 | OU |
| University Bishops | 5½ - ½ | Ye Olde Starres 2 | Tue 28 Feb 23 | 19:30 | OU |
| University Bishops | 3 - 3 | Acomb Phoenix | Tue 7 Mar 23 | 19:30 | OV |