

Home Team	Result	Away Team	Date	Time	Status
Barking II	4 - 2	Upminster II	Thu 3 Oct 24	19:30	OV
Wanstead III	4 - 2	Upminster II	Tue 15 Oct 24	19:30	OV
Upminster II	0 - 0	Wanstead II	Tue 26 Nov 24	19:15	OU
Upminster II	0 - 0	Southend I	Tue 3 Dec 24	19:15	OU
Loughton 1	0 - 0	Upminster II	Wed 8 Jan 25	19:30	OU
Wanstead II	0 - 0	Upminster II	Wed 22 Jan 25	19:30	OU
Upminster II	0 - 0	Ilford I	Tue 28 Jan 25	19:15	OU
Upminster II	0 - 0	Loughton 1	Tue 4 Mar 25	19:15	OU
Southend I	0 - 0	Upminster II	Fri 21 Mar 25	19:30	OU
Upminster II	0 - 0	Wanstead III	Tue 25 Mar 25	19:15	OU
Upminster II	0 - 0	Barking II	Tue 29 Apr 25	19:15	OU
Ilford I	0 - 0	Upminster II	Mon 19 May 25	19:30	OU