

<b>Home Team</b>	<b>Result</b>	<b>Away Team</b>	<b>Date</b>	<b>Time</b>	<b>Status</b>
Upminster I	5 - 3	Southend I	Tue 11 Jan 22	19:15	OV
Southend I	2 - 6	Basildon	Fri 4 Feb 22	19:30	OV
Southend I	4 - 4	Wanstead I	Fri 11 Mar 22	19:30	OV
Southend I	2 - 6	Writtle	Fri 18 Mar 22	19:30	OV
Southend I	8 - 0	Loughton I	Fri 1 Apr 22	19:30	OV
Barking I	5 - 3	Southend I	Thu 7 Apr 22	19:30	OV
Brentwood I	7 - 1	Southend I	Tue 12 Apr 22	19:30	OV