

Home Team	Result	Away Team	Date	Time	Status
Ilford II	2 - 3	Wanstead III	Mon 17 Oct 22	19:30	OV
Wanstead III	2 - 3	Barking III	Tue 8 Nov 22	19:30	OV
Thurrock II	½ - 4½	Wanstead III	Wed 16 Nov 22	19:30	OV
Upminster III	4 - 1	Wanstead III	Tue 22 Nov 22	19:15	OV
Wanstead III	2½ - 2½	Upminster III	Tue 24 Jan 23	19:30	OV
Wanstead III	5 - 0	Thurrock II	Tue 31 Jan 23	19:30	OV
Southend II	2 - 3	Wanstead III	Fri 17 Feb 23	19:30	OV
Barking III	3 - 2	Wanstead III	Thu 9 Mar 23	19:30	OV
Wanstead III	2 - 3	Southend II	Tue 18 Apr 23	19:30	OV
Wanstead III	3 - 2	Ilford II	Tue 23 May 23	19:30	OV