

Home Team	Result	Away Team	Date	Time	Status
Upminster MA	½ - 3½	Upminster MB	Tue 3 Oct 23	19:15	OV
Wanstead M	1 - 3	Upminster MA	Mon 23 Oct 23	19:30	OV
Southend M	4 - 0	Upminster MA	Mon 30 Oct 23	19:30	OV
Upminster MB	2 - 2	Upminster MA	Tue 14 Nov 23	19:15	OV
Thurrock MA	1 - 3	Upminster MA	Wed 15 Nov 23	19:30	OV
Upminster MA	½ - 3½	Thurrock MA	Tue 5 Dec 23	19:15	OV
Upminster MA	2 - 2	Wanstead M	Tue 30 Jan 24	19:15	OV
Upminster MA	3 - 1	Thurrock MB	Tue 13 Feb 24	19:15	OV
Thurrock MB	3½ - ½	Upminster MA	Wed 13 Mar 24	19:30	OV
Upminster MA	2 - 2	Southend M	Tue 30 Apr 24	19:15	OV