

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Plymouth | 2½ - 1½ | Torquay BGS | Wed 14 Nov 18 | 19:00 | OV |
| Torquay BGS | 2 - 2 | South Hams | Wed 28 Nov 18 | 19:00 | OU |
| Newton Abbot | 3 - 1 | Torquay BGS | Thu 6 Dec 18 | 19:30 | OU |
| Torquay BGS | 3½ - ½ | Teignmouth | Wed 16 Jan 19 | 19:00 | OU |
| South Hams | 2½ - 1½ | Torquay BGS | Thu 7 Mar 19 | 19:00 | OU |
| Torquay BGS | 0 - 4 | Newton Abbot | Wed 13 Mar 19 | 19:00 | OU |
| Torquay BGS | 1 - 3 | Plymouth | Wed 27 Mar 19 | 19:00 | OU |
| Teignmouth | 1 - 3 | Torquay BGS | Tue 2 Apr 19 | 19:00 | OU |