

| Home Team | Result | Away Team | Date | Time | Status |
|------------------|---------------|------------------|---------------|-------------|---------------|
| Plymouth | 2½ - 1½ | Newton Abbot | Sat 26 Oct 19 | 14:30 | OU |
| Exmouth | 3½ - ½ | Plymouth | Sat 1 Feb 20 | 14:30 | OU |
| Plymouth | 2½ - 1½ | South Hams | Sat 29 Feb 20 | 14:30 | OU |
| Barnstaple | 0 - 0 | Plymouth | Sat 25 Apr 20 | 14:30 | OU |