

| Home Team | Result | Away Team | Date | Time Status |
|------------------------|---------------|------------------------|---------------|--------------------|
| Sheffield University B | 3½ - ½ | Ravenfield A | Thu 6 Oct 22 | 19:30 OU |
| Sheffield University B | 4 - 0 | Sheffield Deaf A | Thu 20 Oct 22 | 19:30 OU |
| Sheffield University B | 2 - 2 | Darnall & Handsworth D | Thu 27 Oct 22 | 19:30 OU |
| Sheffield University B | 2 - 2 | Barnsley B | Thu 3 Nov 22 | 19:30 OU |
| Sheffield University B | 0 - 4 | Woodseats D | Thu 24 Nov 22 | 19:30 OU |
| Chesterfield C | 3 - 1 | Sheffield University B | Thu 1 Dec 22 | 19:30 OU |
| SASCA C | 4 - 0 | Sheffield University B | Mon 5 Dec 22 | 19:30 OU |
| Sheffield Nomads C | 6 - 0 | Sheffield University B | Tue 24 Jan 23 | 19:30 OU |
| Woodseats D | ½ - 3½ | Sheffield University B | Mon 6 Feb 23 | 19:30 OU |
| Sheffield University B | 3 - 2 | Chesterfield C | Thu 16 Feb 23 | 19:30 OU |
| Sheffield Deaf A | 2½ - 1½ | Sheffield University B | Wed 22 Feb 23 | 19:30 OU |
| Ravenfield A | 0 - 4 | Sheffield University B | Mon 27 Feb 23 | 19:30 OU |
| Barnsley B | 2 - 2 | Sheffield University B | Tue 28 Feb 23 | 19:30 OU |
| Darnall & Handsworth D | 1½ - 2½ | Sheffield University B | Mon 6 Mar 23 | 19:30 OU |
| Sheffield University B | 4 - 0 | SASCA C | Thu 23 Mar 23 | 19:30 OU |
| Sheffield University B | 2½ - 3½ | Sheffield Nomads C | Thu 27 Apr 23 | 19:30 OU |