

| Home Team | Result | Away Team | Date | Time | Status |
|------------------------|---------------|------------------------|---------------|-------------|---------------|
| Alwoodley B | 4 - 1 | Alwoodley C | Wed 28 Sep 22 | 19:00 | OU |
| Harrogate B | 2 - 3 | Alwoodley B | Wed 12 Oct 22 | 19:00 | OU |
| Alwoodley B | 3 - 2 | West Leeds | Wed 26 Oct 22 | 19:00 | OU |
| Leeds B | 4 - 1 | Alwoodley B | Wed 9 Nov 22 | 19:00 | OU |
| Alwoodley B | 2 - 3 | Rose Forgrove C | Wed 16 Nov 22 | 19:00 | OU |
| Alwoodley B | 1 - 4 | Leeds University B | Wed 30 Nov 22 | 19:00 | OU |
| Limewood & Scarcroft B | 2½ - 2½ | Alwoodley B | Wed 18 Jan 23 | 19:00 | OU |
| Alwoodley C | 2 - 3 | Alwoodley B | Wed 1 Feb 23 | 19:00 | OU |
| Alwoodley B | 3 - 2 | Harrogate B | Wed 15 Feb 23 | 19:00 | OU |
| West Leeds | 1½ - 3½ | Alwoodley B | Wed 1 Mar 23 | 19:00 | OU |
| Alwoodley B | 2 - 3 | Leeds B | Wed 15 Mar 23 | 19:00 | OU |
| Rose Forgrove C | 2½ - 2½ | Alwoodley B | Wed 29 Mar 23 | 19:00 | OU |
| Leeds University B | 0 - 5 | Alwoodley B | Wed 19 Apr 23 | 19:00 | OU |
| Alwoodley B | 1½ - 3½ | Limewood & Scarcroft B | Wed 26 Apr 23 | 19:00 | OU |